



The food that *Asians Choose*

## Chicken Karaage (Japanese Crispy Chicken)



### Product Specifications

- Product Code: 103801A (Old code: 3801)
- Packs per Carton: 6
- Net Pack Weight: 1kg
- Net Carton Weight: 6 kg
- GTIN Inner: 9313353038011
- GTIN Outer: 19313353038018
- Shelf Life: 2 years
- Storage Requirements: Below -18°C Frozen
- Carton Measurements: L448mm x W299mm x H148mm
- Cartons per Pallet: 1.2m pallet - 56 ctns; 1.8m pallet -80 ctns (8 ctns per layer)

### Product Description & Usage

Tender pieces of Japanese style chicken, authentically seasoned and coated in a crunchy, golden batter. Chicken Karaage is traditionally served with rice, as an entree or in a bento box but is also the perfect compliment to any oriental bun or slider.

### Ingredients & Allergen information

Chicken (72%), **Wheat** Flour, Potato Starch, Sake, **Soy** Sauce (**Wheat, Gluten**), Spices, Vegetable Oil, Raising Agent (500), Sugar, **Egg** Powder, Salt, Mineral salt (451, 450), Flavour enhancer (621).

Contains: **Wheat, Gluten, Soy, Egg.**  
May contain: sesame, fish, crustacean, mollusc, seafood, sulphites.

### Features & Benefits

- \* Authentic Japanese recipe
- \* Quick and easy to prepare
- \* Skinned and boned
- \* Quick frozen to capture its juicy flavours
- \* Addictive, golden, crunchy coating
- \* Convenient and time saving
- \* 100% Australian chicken breast
- \* 2 year shelf life

### Perfect for

- \* Functions and event catering
- \* Takeaways and noodle bars
- \* Institutions
- \* Entrees and side dishes
- \* Main course, sushi or bento boxes
- \* Restaurants and Cafes
- \* Hotels & Accommodation
- \* Finger food or Asian Tapas



### Cooking Instructions

For best results, cook from frozen.

**Deep Fry:** Pre-heat oil to 170-180°C. Deep fry for approximately 3-4 minutes (from frozen) or 2 minutes (defrosted) or until cooked through.

**Air Fry:** Pre-heat air fryer to 170-180°C. Air fry for approximately 15-20 minutes from frozen or until cooked through.

**Oven Bake (Fan forced):** Pre-heat oven to 170-180°C. Oven bake for approximately 15-20 minutes (frozen) or 8-10 minutes (defrosted) or until cooked through, turning halfway through cooking.

**Note:** Cooking times and temperatures may vary according to appliance used and portion sizes.

### Nutritional Information

Servings per pack: 6.67 Serving Size: 150g	Avg Qty Per Serving	Avg Qty Per 100g
Energy	1420 kJ (339 Cal)	948 kJ (227 Cal)
Protein	26.0 g	17.4 g
Fat - Total	18.7 g	12.5 g
- Saturated Fat	2.1 g	1.4 g
Carbohydrates - Total	17.0 g	11.3 g
- Sugars	2.0 g	1.3 g
- Sodium	968 mg	645 mg

Note: Nutritional values are based on average figures and on standard production formulation. Actual portion size and nutritional values may vary. Ingredients are subject to seasonal variation