



The food that *Asians Choose*

Chicken Karaage (Japanese Crispy Chicken)



Product Specifications

Product Code: 103801A (Old code: 3801)

Packs per Carton: 6

Net Pack Weight: 1kg

Net Carton Weight: 6 kg

GTIN Inner: 9313353038011

GTIN Outer: 19313353038018

Shelf Life: 2 years

Storage Requirements: Below -18°C Frozen

Carton Measurements: L448mm x W299mm x H148mm

Cartons per Pallet: 1.2m pallet - 56 ctns; 1.8m pallet - 80 ctns (8 ctns per layer)

Product Description & Usage

Tender pieces of Japanese style chicken, authentically seasoned and coated in a crunchy, golden batter. Chicken Karaage is traditionally served with rice, as an entree or in a bento box but is also the perfect compliment to any oriental bun or slider.

Features & Benefits

- * Authentic Japanese recipe
- * Convenient and time saving
- * Quick and easy to prepare
- * 100% Australian chicken breast
- * Skinned and boned
- * 2 year shelf life
- * Quick frozen to capture its juicy flavours
- * Addictive, golden, crunchy coating

Perfect for

- * Functions and event catering
- * Restaurants and Cafes
- * Takeaways and noodle bars
- * Hotels & Accommodation
- * Institutions
- * Finger food or Asian Tapas
- * Entrees and side dishes
- * Main course, sushi or bento boxes



Cooking Instructions

For best results, cook from frozen.

Deep Fry: Pre-heat oil to 170-180°C. Deep fry for approximately 3-4 minutes (from frozen) or 2 minutes (defrosted) or until cooked through.

Air Fry: Pre-heat air fryer to 170-180°C. Air fry for approximately 15-20 minutes from frozen or until cooked through.

Oven Bake (Fan forced): Pre-heat oven to 170-180°C. Oven bake for approximately 15-20 minutes (frozen) or 8-10 minutes (defrosted) or until cooked through, turning halfway through cooking.

Note: Cooking times and temperatures may vary according to appliance used and portion sizes.

Nutritional Information

Servings per pack: 6.67	Avg Qty Per Serving	Avg Qty Per 100g
Serving Size: 150g		
Energy	1420 kJ (339 Cal)	948 kJ (227 Cal)
Protein	26.0 g	17.4 g
Fat - Total	18.7 g	12.5 g
- Saturated Fat	2.1 g	1.4 g
Carbohydrates - Total	17.0 g	11.3 g
- Sugars	2.0 g	1.3 g
- Sodium	968 mg	645 mg

Note: Nutritional values are based on average figures and on standard production formulation. Actual portion size and nutritional values may vary. Ingredients are subject to seasonal variation.